

NICOLE HENRY

Mental Health Specialist in Education · Keynote Speaker · Consultant

Creator of The Child We Miss™ Framework

SPEAKER PACK

thenicolehenry.com · UAE & UK · In-Person & Online

ABOUT

From Passion to Purpose

Nicole Henry is a Mental Health Specialist in Education, qualified therapist, and the creator of The Child We Miss™ — a whole-school framework helping schools see, understand, respond to, and sustain support for children at risk of being overlooked.

Over 13+ years, Nicole has supported more than 6,000 students across schools in the UK and UAE, working directly with leadership teams, counsellors, students, and families to build wellbeing systems that create lasting change — not just tick a compliance box.

She holds a Master's in Child and Adolescent Mental Wellbeing and sits as a board member for Rap Therapy and the Aldar Pastoral Committee. She hosts The Wellbeing Table podcast and is CEO of Tea of Therapy, supporting schools across the UK and UAE.

Nicole speaks with therapeutic depth and real in-school experience — bringing audiences practical, immediately usable tools, not just theory.



Qualifications & Roles

- Master's in Child and Adolescent Mental Wellbeing
- School Counsellor
- Licensed Therapist (Children & Families)
- International Keynote Speaker
- Board Member — Rap Therapy & Aldar Pastoral Committee
- Podcast Host — The Wellbeing Table

Talks That Actually Move People

Each keynote is built around The Child We Miss™ framework — tailored to your audience, whether school leaders, teaching staff, or conference delegates.

01 WHOLE-SCHOOL FRAMEWORK

The Child We Miss: Why Good Schools Still Lose Children

School leaders · Conferences

The signature keynote. Why children get missed even in caring, well-resourced schools — and the four-stage system that prevents it.

02 UNDERSTAND

Seeing Isn't Understanding: What We Get Wrong About "Difficult" Behaviour

Teaching staff · INSET days

A trauma-informed reframe of classroom behaviour — moving staff from noticing to genuinely understanding what a child is communicating.

03 SUSTAIN

Held, Not Just Helped: Building Wellbeing Systems That Outlast Staff Turnover

Senior leadership · Governors

How to embed wellbeing provision into lasting school systems — so support doesn't disappear when key staff move on.

04 STAFF WELLBEING

The Cost of Caring: Educator Burnout and the Adults Behind the Adults

Whole staff · Wellbeing days

A compassionate, practical look at the wellbeing of the adults holding up the system — and what sustainable care for staff actually requires.

What Attendees Walk Away With

01 — The Child We Miss

- Understand the four-stage cycle (See, Understand, Respond, Sustain) and where their school's provision currently breaks down
- Identify the difference between a child being 'missed' and a system failing to catch them
- Leave with language to bring back to their team — a shared framework, not just a feeling

02 — Seeing Isn't Understanding

- Distinguish between observing behaviour and interpreting it through a trauma-informed lens
- Recognise at least 3 common behaviours frequently misread as defiance rather than communication
- Leave with a practical reframe to use in the classroom this week

03 — Held, Not Just Helped

- Understand what makes wellbeing provision 'sustainable' versus dependent on one key staff member
- Identify gaps in current systems using the Sustain pillar of the framework
- Leave with a starting checklist for embedding provision into school policy and culture

04 — The Cost of Caring

- Understand the link between staff wellbeing and capacity to 'See' and 'Understand' children
- Name early signs of compassion fatigue in themselves and colleagues
- Leave with practical, low-effort strategies for sustainable care that fit a real school day

Real Experience. Real Results.

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In response to a specific need of our school with self-esteem in our young female students, I asked Nicole to come in and run a workshop. The communication and planning was excellent in the build-up and the workshop was delivered with professionalism and from a place of really valuing the students' thoughts and opinions. We would not hesitate again to bring in Nicole for similar workshops in the future.

Martin Price · Head of Support & Wellbeing

13+

Years in Schools

6,000+

Students Supported

UK & UAE

Regions Served

4

Framework Pillars

Let's Bring This to Your Event

Formats

Available as in-person keynotes (UAE & internationally) or fully online. Talks run from 30-minute conference slots to half-day INSET sessions.

Regions

Based in Abu Dhabi, UAE — travels regularly across the UK and GCC region for school events, conferences, and staff training days.

Enquiry Types

School staff INSET days
Conference keynotes
Governor & leadership briefings
Parent seminars
Panel & podcast appearances

How to Book

Send a booking enquiry via thenicolehenry.com/contact with your event date, audience, and budget range. Nicole responds to all enquiries within 48 hours.

thenicolehenry.com/contact